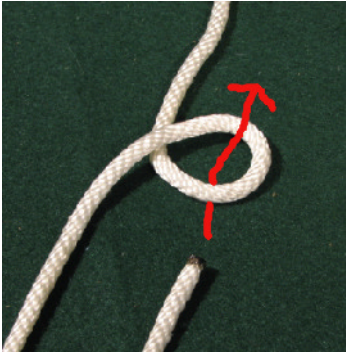
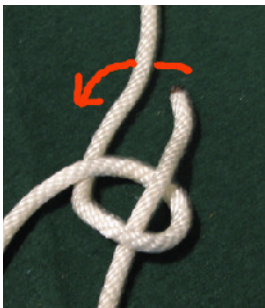


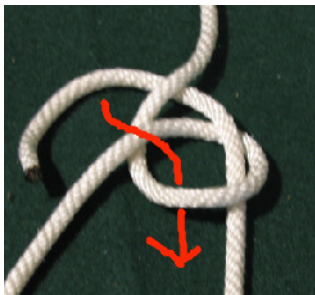
Bowline



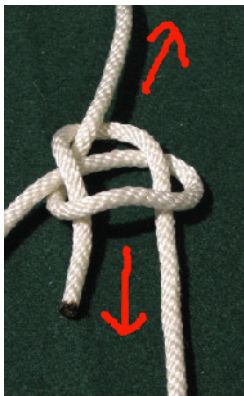
Start by making a overhand loop at one end of the rope, than bring the other end throught the loop



than bring the end behind the standing part than back around front



bring the end down through the loop



Pull ends to make tight