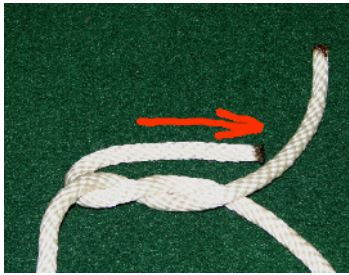


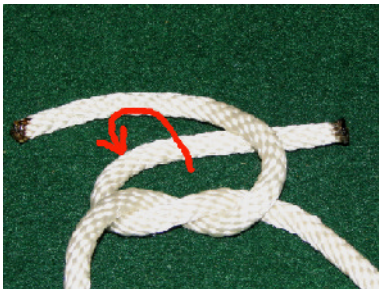
Square Knot



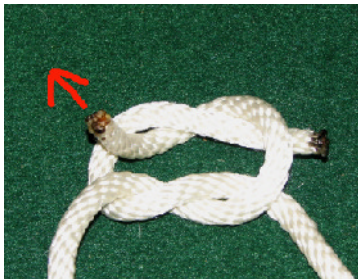
Start with the ends of the rope twisted like you are going to tie your shoes



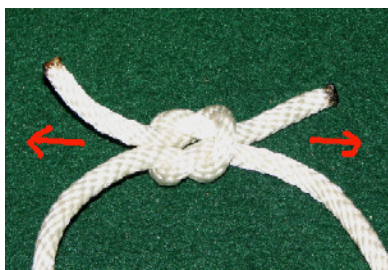
than bring one end back, close to itself



bring the other end over the top and than back under the other end



bring the end up throught the loop and pull



to finsh pull the ends out unitll he knot is tight